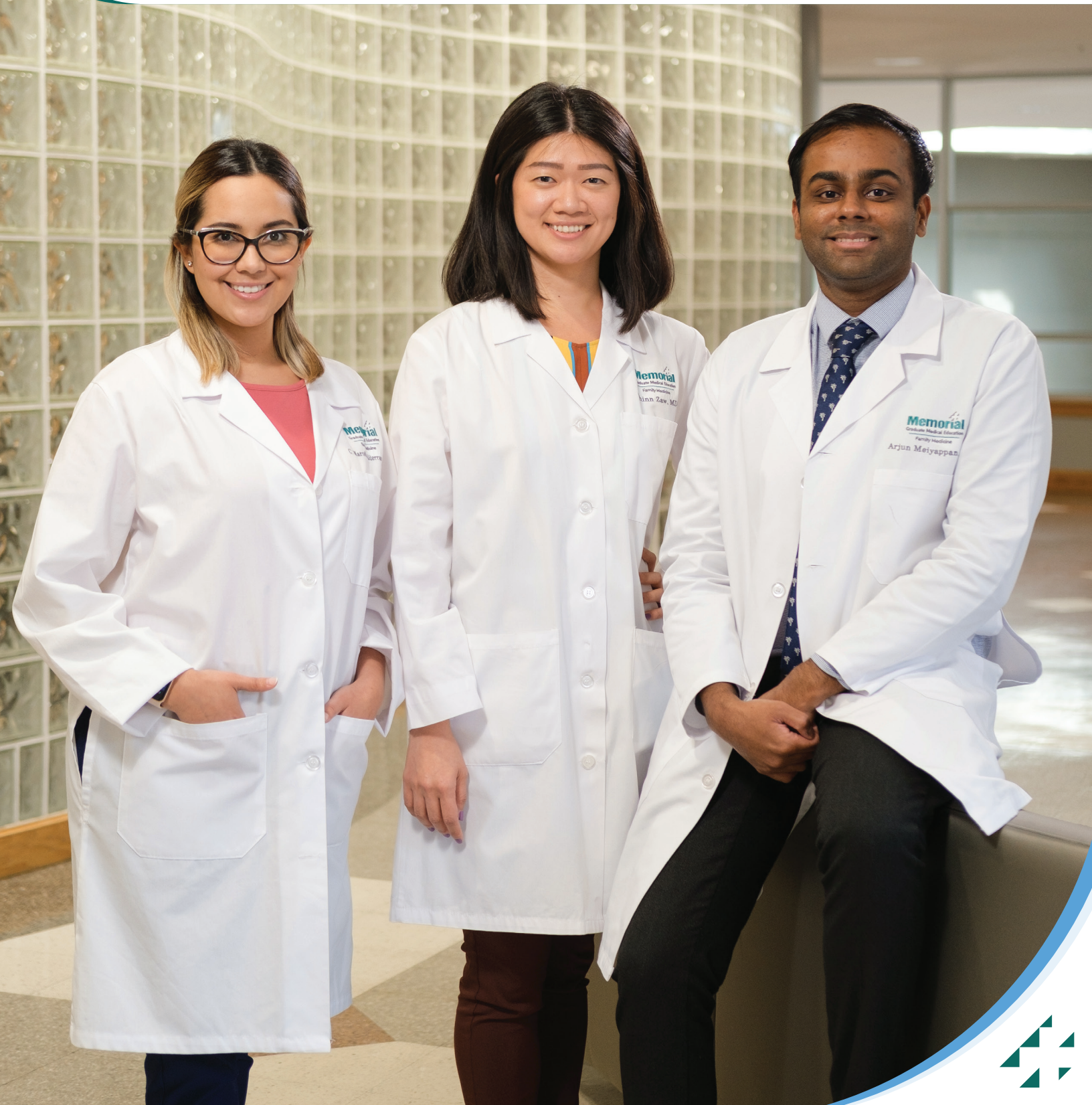




# Memorial

Graduate Medical Education  
Family Medicine Program

# TRAIN WHILE MAKING A DIFFERENCE





## This Is No Ordinary Residency

Memorial Hospital's Family Medicine residency program has you in mind. Your future. Your abilities and training. Your desire to make a difference. While you're learning, you'll also be practicing and teaching, developing into the well-rounded physician you're working hard to become. Memorial offers a comprehensive program that will prepare you to become an independent practicing physician with confidence.

**This is real practice. This is real life.**



“We offer a great balance of academic learning and hands-on experiences. We look to attract residents who are eager to grow professionally as well as individually.”



**Dr. Jimmy Dimitriades**  
*Family Medicine Program Director*





## Help Us Help the Surrounding Community

The primary geographic area Memorial Hospital serves includes Harrison and Hancock counties with a population of approximately 250,000. Its secondary service areas are the more rural Jackson and Stone counties with an additional 160,000 residents. Overall, Mississippi has been ranked as the most unhealthy state in the U.S. Mississippi also has one of the highest rates of diabetes, hypertension, chronic kidney disease and infant mortality. Furthermore, about 25 percent of the Memorial community live in poverty. **Our program is prepared to meet these challenges.**

Given the statistics, it should come as no surprise that the mission of the Memorial Hospital Family Medicine program is to build healthier communities. Our family medicine residency will do this through training and graduating well-balanced, compassionate physicians who are willing and dedicated to practicing the highest level of medicine. These physicians will truly understand the challenges of the community they serve, whether urban or rural, and will be capable of implementing a patient-centered approach to their practice of medicine. Family medicine residents universally will be able to understand and apply the science of medicine while developing their own style within the art of practicing medicine. This is what will ultimately allow our physicians to effectively practice within the community, regardless of how diverse or ever-changing it might be.





*Dr. Dimitriadis and Dr. Chance - Memorial GME Family Medicine Leadership*

## A Multi-faceted Residency Education

From the start, Memorial's Family Medicine residency program places the emphasis on real learning, not just observation. This is three years of intensive, multi-faceted medical training and experience that starts with your very first rotation.

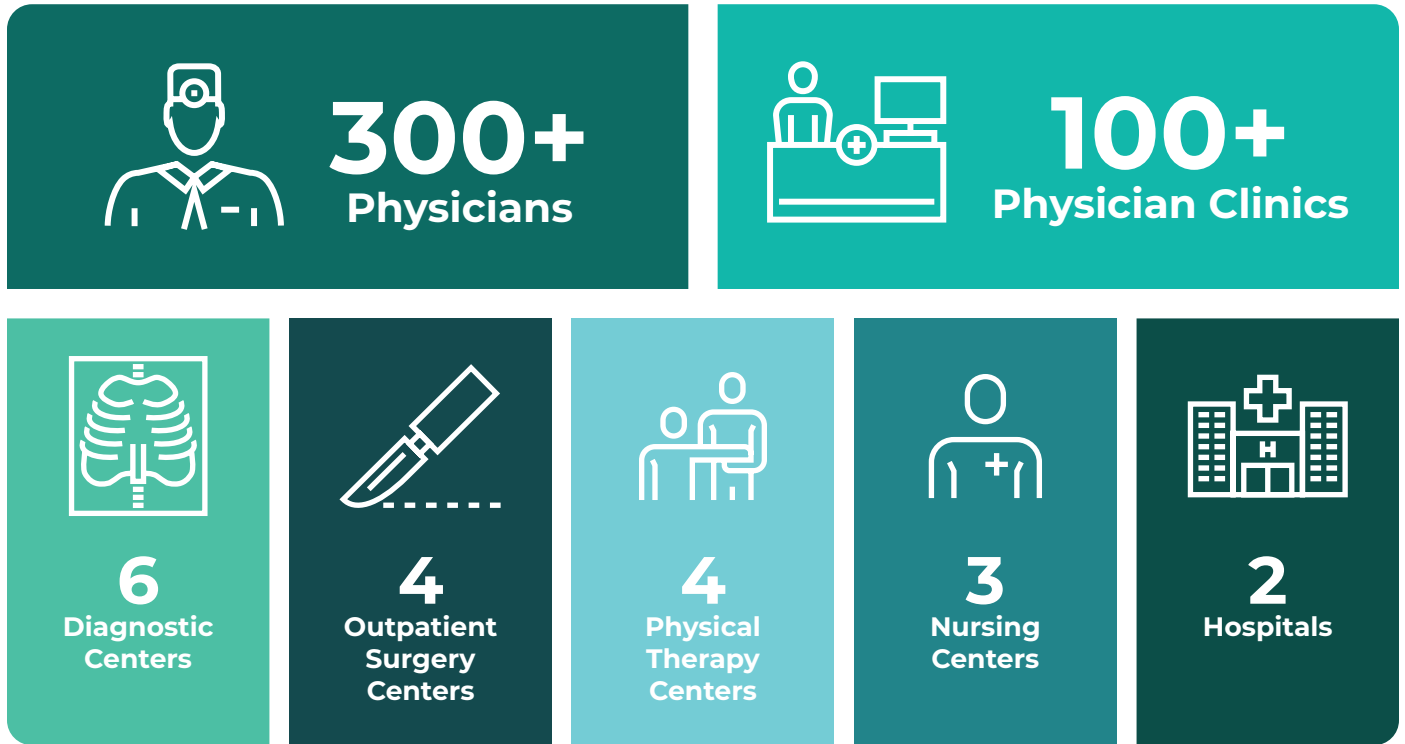
During your first four weeks, along with clinic responsibilities, all residents will experience intensive training in the Foundations of Family Medicine, how to efficiently and effectively chart in the electronic medical record, billing, coding, and much more. This immersion will prepare you for success for all your future rotations.

During your first year, you will rotate through the medical and pediatric floors, emergency room, operating room, as well as many outpatient clinical sites, including an FQHC for prenatal care. Along with your rotations, we have developed a multi-faceted didactic curriculum that includes simulation, patient panels, ethics committees, grand rounds, research training and support, and a robust wellness program. Our second and third years introduce you to several subspecialties both from the inpatient and outpatient arenas. While doing this, our goal is to immerse you in the community. This will happen in structured blocks. For example, you will do a community medicine rotation with the health department, assist in the community free clinic, and work with local high school athletic events and community health fairs. You will have more than enough opportunities to impact the health of Mississippians.

# Why Train at Memorial?

Memorial Hospital has been the premier medical center for the Mississippi Gulf Coast for more than 70 years. We boast a culture committed to delivering the highest quality treatment and greater access to progressive services and care to our thriving community.

Memorial is one of the most comprehensive healthcare systems in the state, which means that wherever our patients are in life, Memorial has their best health in mind.



## Winning Care

Memorial was named a best regional hospital in the Coastal Region of Mississippi for 2020-21 in the annual ranking of hospitals by U.S. News & World Report. Memorial also has been named a five-star recipient for carotid procedures for 2021 from Healthgrades and was a five-star recipient in 2020 for spinal fusion surgery.



# Curriculum

Our block schedule was designed like most block schedules, to incorporate the core curriculum followed by more specialized learning. We did, however, make a few changes. We have incorporated more experiential learning opportunities provided by attending physicians who demonstrate exceptional teaching and research abilities.

## PGY-1



Fundamentals of Family Medicine 4 Weeks	Endocrinology 4 Weeks
Inpatient Medicine 12 Weeks	Outpatient Pediatrics 4 Weeks
Emergency Medicine 4 Weeks	Radiology 2 Weeks
Surgery 4 Weeks	Cardiology 2 Weeks
Inpatient Pediatrics 4 Weeks	OB/GYN 4 Weeks
Hematology/Oncology 4 Weeks	Rural Health 4 Weeks

## PGY-2



Inpatient Medicine 8 Weeks	Orthopedics 4 Weeks
OB/GYN 4 Weeks	ENT 2 Weeks
Community Medicine 4 Weeks	Ophthalmology 2 Weeks
Emergency Medicine 4 Weeks	Elective 4 Weeks
Pain Management 2 Weeks	Dermatology 4 Weeks
Outpatient Pediatrics 4 Weeks	NICU 2 Weeks
Behavioral Health 2 Weeks	Urology 2 Weeks
ICU 4 Weeks	

## PGY-3



Inpatient Medicine 8 Weeks	Neurology 2 Weeks
Sports Medicine 4 Weeks	Infectious Disease 2 Weeks
OB/GYN 4 Weeks	Inpatient Pediatrics 4 Weeks
Geriatrics 4 Weeks	Emergency Medicine 4 Weeks
Health Systems Management 4 Weeks	Electives 14 Weeks
Pulmonology 2 Weeks	

# Meet the Memorial Family Medicine Faculty



**Dimitrios "Jimmy"  
Dimitriades, MD**  
*Program Director*



**Rickey Chance, DO**  
*Associate Program Director*



**Rebecca Rose, MD**  
*Associate Program Director*



**Holly Arnout, BSN, MS, LPC**  
*Core Faculty*



**Gene Cathey, MD**  
*Core Faculty*



**John Lee, DO**  
*Core Faculty*



**Brian Maddox, DO**  
*Core Faculty*



**Steven Schepens, MD**  
*Core Faculty*



**Gretchen Holmes, Ph. D**  
*Designated Institutional  
Official*



**Lorie Cospelich, BBA**  
*Family Medicine Program  
Coordinator*



# The Mississippi Gulf Coast: A Great Place to Live and Work

You'll love living on the Mississippi Gulf Coast! Beaches? Check. Friendly people? Check. An affordable lifestyle? Check. Award-winning dining, thriving downtowns, and plenty of nightlife? Check!

The Mississippi Gulf Coast is a great place to live. Just an hour from the unique flavor of New Orleans and about an hour and a half from the Florida Panhandle, the Coast (as locals affectionately call it) has the irresistible combination of proximity and community. From ecotourism to craft breweries, from the excitement of our casino resorts to the quiet beauty of preserved woodlands and national seashores, you'll find plenty of reasons to quickly fall in love with the place we call home.




# Memorial

## Graduate Medical Education

 [gme.wearememorial.com](http://gme.wearememorial.com)

 [gme.family.medicine@mhg.com](mailto:gme.family.medicine@mhg.com)

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Gulfport, MS 39501